Infertility, In Vitro Fertilization (IVF) and Genetic Testing

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Outline

- Infertility 101
- Treatment Options
 - In Vitro Fertilization
 - Egg Freezing
 - Surrogacy
 - What Happens to Embryos?
 - Parent-Fertility Center Contracts
- Genetic Testing
 - Preconception
 - Preimplantation
 - Prenatal
- Controversies

Do you have any friends or family members that have struggled with infertility?

a. Yes

b. No

Infertility

What percentage of the population is subfertile or infertile?

a. 1-2%

b. 10%

c. 15%

d. 20%

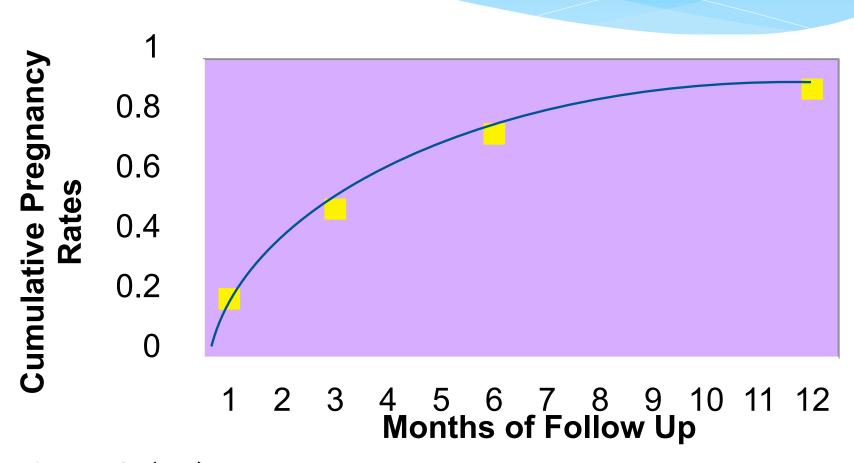
e. 25%

Overview of Infertility

 Definition: 1 year of well-timed, unprotected intercourse without a pregnancy

15% of population is infertile (subfertile)

Normal Fertility

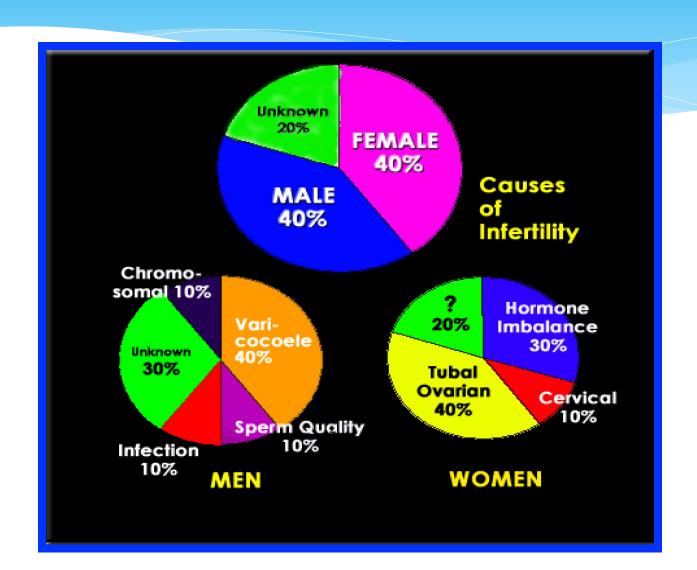


Hull et al., Br Med J. (1985) 291,1693

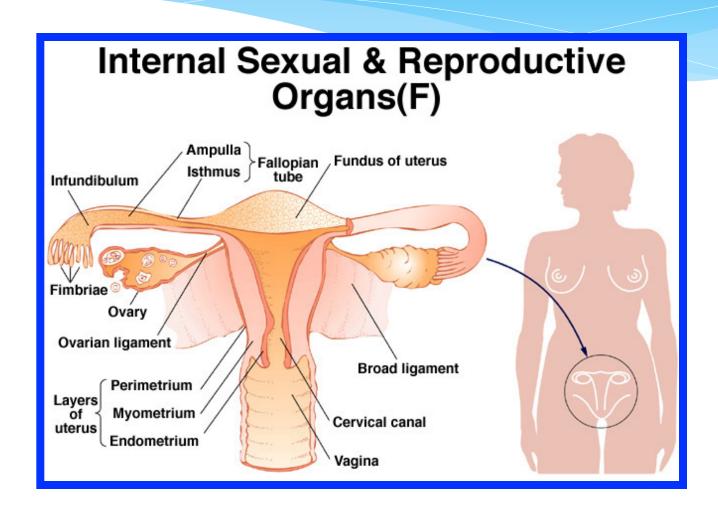
What factor might cause problems with fertility?

- a. birth control pill use > 10 years
- b. drinking a glass of wine/beer every day
- c. eating disorder
- d. hiking for 45 minutes per day
- e. history of recurrent yeast infections

Causes of Infertility



Female Reproductive Organs



Causes of Female Infertility

- Ovary
- Tubes
- Uterus
- Hormones
- Chromosomes

Causes of Female Infertility – **Ovary**

• AGE

Problems with ovulation

Premature ovarian failure

Do women continue to produce eggs throughout their life (i.e., from puberty until death)?

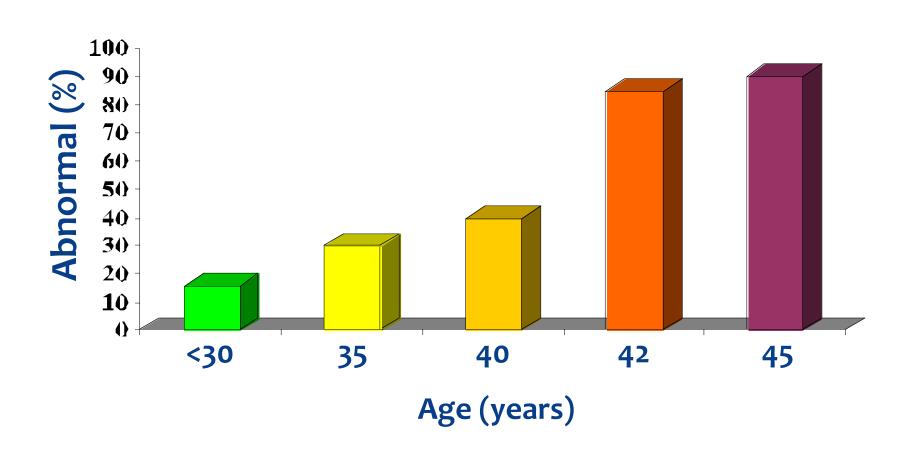
a. Yes

b. No

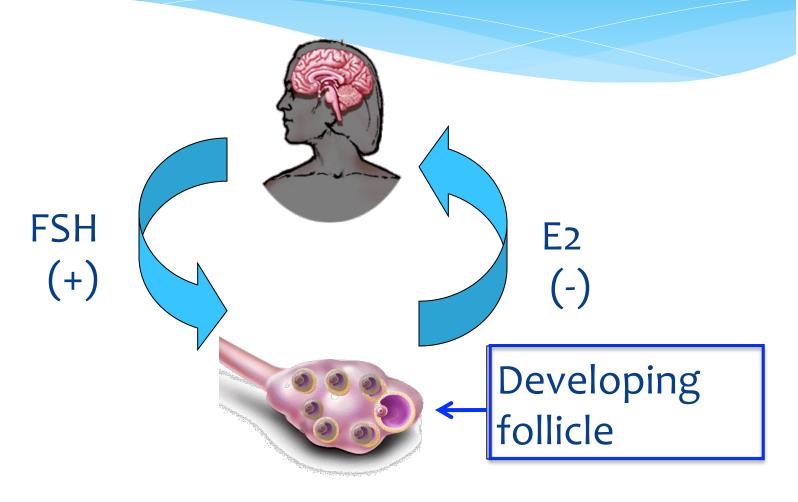
Ovary Problems - Female Age

- Women are born with their lifetime egg supply
 - 4 million at 20 weeks gestation
 - 400,000 at birth
- 100,000 eggs left at time of puberty
- Fertility initially declines at age 27
- Significant decline at age 37-38
- Rare pregnancies after age 44

Prevalence of genetically abnormal oocytes in infertile women



Physiology



FSH=Follicle Stimulating Hormone

E2=Estradiol

Ovary Problems - <u>Causes of</u> <u>Anovulation</u>

- Hormone imbalance
- Obesity
- Anorexia
- Significant stress
- Patients display:
 - Irregular menstrual cycles
 - Skipped cycles
 - Minimal or absent premenstrual symptoms

Ovary Problems – <u>Premature</u> <u>Ovarian Failure</u>

- Menopause prior to age 40
 - Decreased Estrogen
 - Increased FSH
- Causes
 - Autoimmune
 - Genetic
 - Idiopathic
- 1-2% pregnancy rate

What factor would <u>not</u> cause a woman's fallopian tubes to be blocked?

- a. diabetes
- b. ruptured appendix
- c. endometriosis
- d. chlamydia infection
- e. tubal ligation

Causes of Female Infertility – Fallopian Tubes

Infection (chlamydia)

Endometriosis

Tubal ligation (female sterilization)

Open Tubes



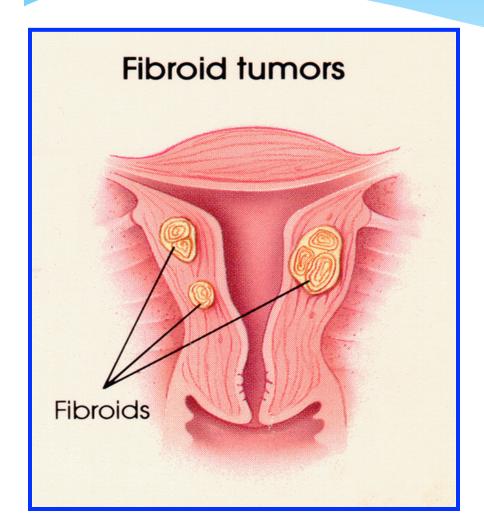
Blocked Tubes



Female Infertility - Uterus

- Uterus
 - Fibroids
 - Polyps
- Mullerian (congenital) defects
 - Absent
 - Bicornuate/Septum

Female Infertility - <u>Uterus</u>



 Uterine muscle tumor

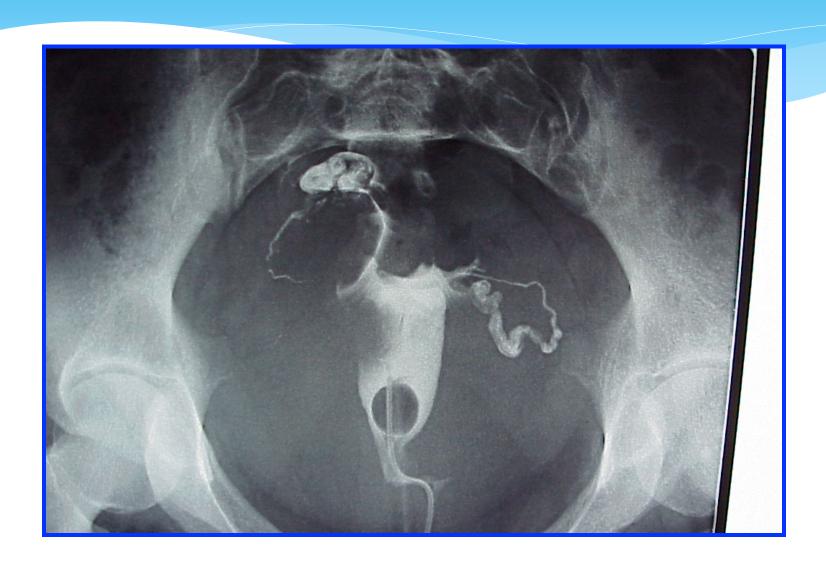
Benign (>95%)

25-30% of women

Normal Shape of Uterus



Fibroid Uterus



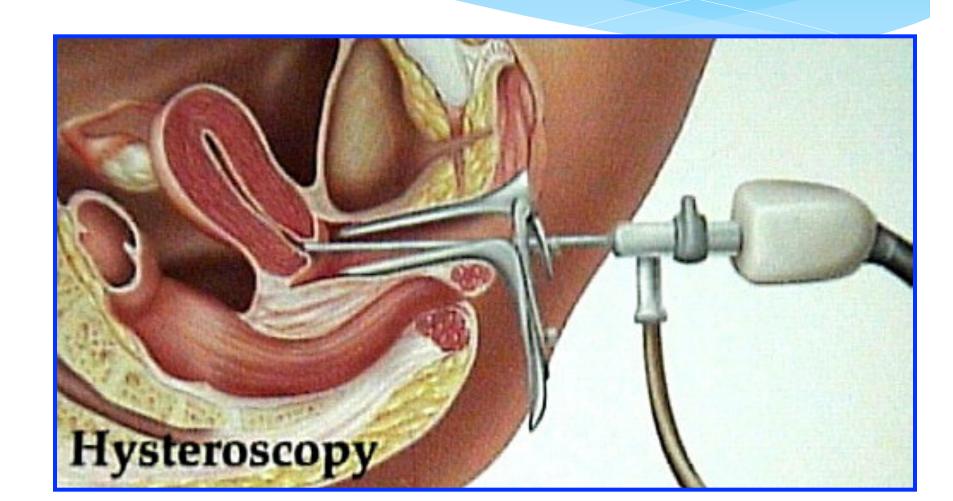
Female Infertility - Uterus

- Uterus
 - Tumors
 - Fibroids
 - Polyps
 - Mullerian defects (congenital)
 - Absent uterus
 - Bicornuate/septate

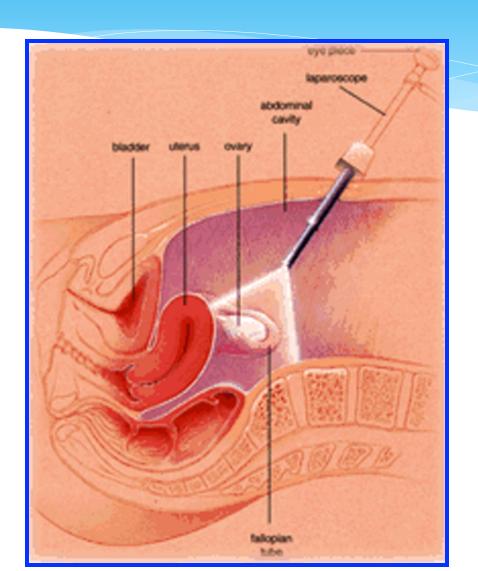
Mullerian Defect



Treatment with Hysteroscopy



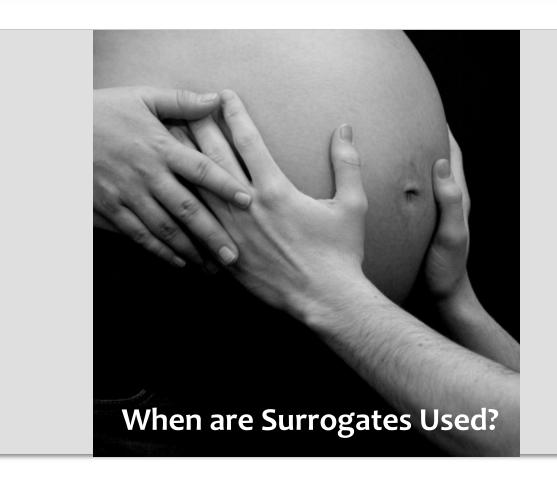
Treatment with Laparoscopy





Surrogate Mothers, Inc. Alternatives to Infertility since 1984.





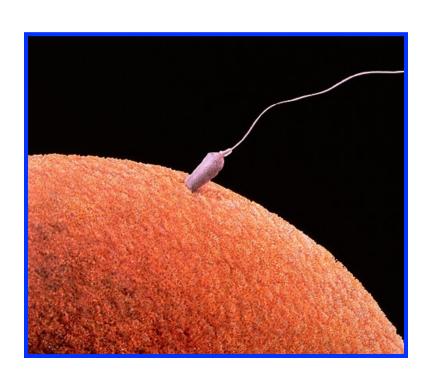
Female Infertility - Hormones

- Endocrine abnormality (hormones)
 - Thyroid
 - Prolactin
 - Polycystic ovary syndrome (PCOS)
 - Estrogen, insulin
 - Hypothalamic hypogonadism
 - Stress
 - Exercise (ballet dancer)

Other Causes of Female Infertility

- Other Causes
 - Chromosome abnormalities
 - Turner's syndrome (XO)
 - Androgen Insensitivity (XY)
 - Male pseudohermaphrodite
 - Female phenotype
 - Blind vaginal canal
 - Inguinal hernia (50%)

Sperm Are Also Required!!



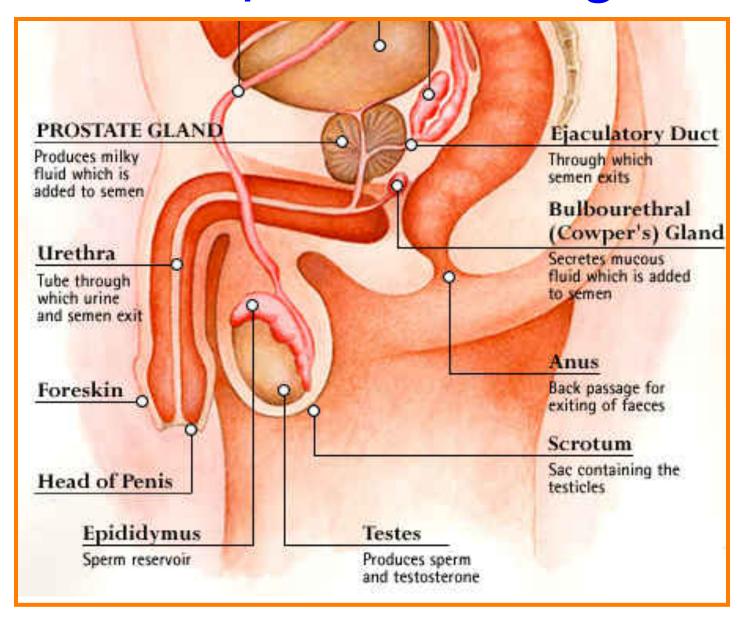


Do men continue to produce sperm throughout their life (from puberty until death)?

a. Yes

b. No

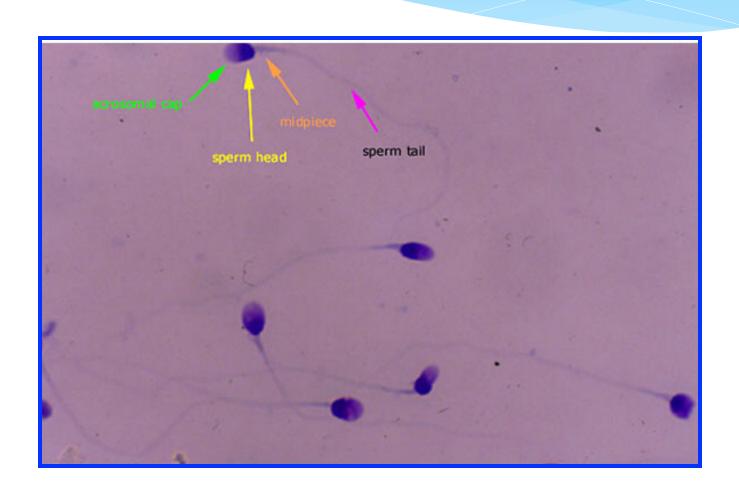
Male Reproductive Organs



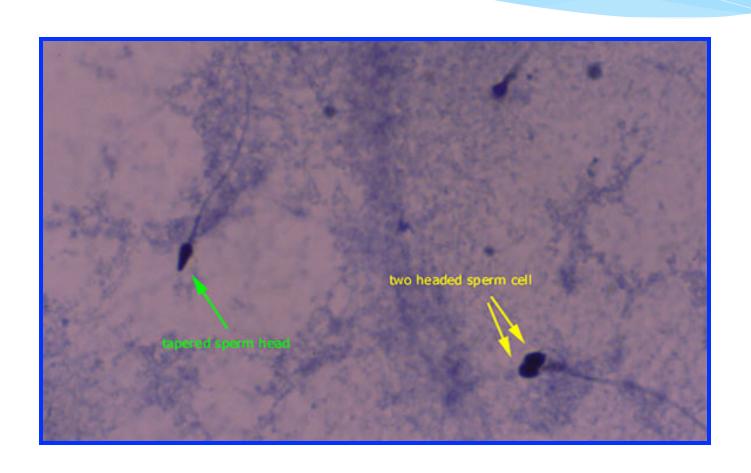
Sperm: Semen Analysis

- Volume: ≥ 2 mL
- Concentration: > 15,000,000 per mL
- Motility: ≥ 36%
- Normal morphology:
 - □ Kruger strict criteria: ≥ 14% normal
 - Best predictor of fertilizing ability

Normal Sperm Morphology



Abnormal Morphology



Sperm

- How many are needed for fertilization?
- Natural conception
 - **20,000,000**
- Intra-uterine insemination
 - **1,000,000**
- In-vitro fertilization (IVF)
 - 10,000
- Intra-cytoplasmic sperm injection (ICSI)
 - 1

Causes of Male Infertility

Abnormality in sperm production

Abnormality in sperm function

Obstruction in the ductal system

Abnormalities of Sperm Production

Genetic

- Y chromosome microdeletions
- Damage to testes anatomical
 - Cryptorchidism
 - Varicocele
- Infection
 - Mumps orchitis
- Gonadotoxins

Obstructions in Ductal System

Vasectomy

 Congenital bilateral absence of the vas deferens

- Epididymis/ejaculatory ducts
 - Congenital or acquired

Male Infertility - Lifestyle

- Tobacco
- Marijuana
- Alcohol
- Cocaine
- Steroids (can be permanent)
- Heat
- Exercise

Infertility: Initial Evaluation

- Eggs
 - Ovulation
 - Egg quality
- Sperm
 - Presence
 - Quality
- Gamete transport/Implantation
 - Hysterosalpingogram

Unexplained Infertility

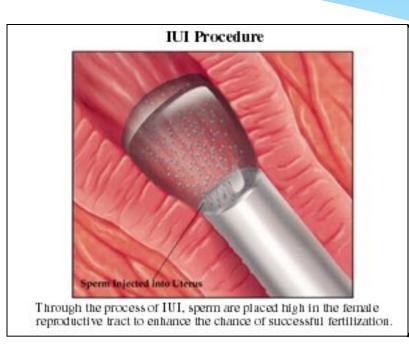
Work-up is negative

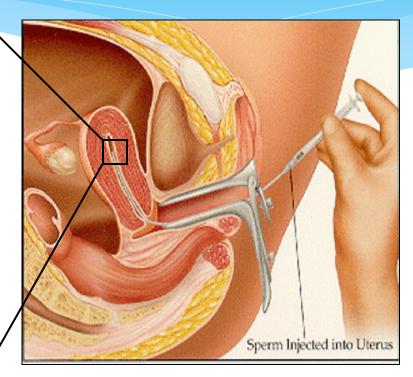
• 15-20 % of couples

Infertility Treatments

- Improve Timing of Intercourse
- Intrauterine insemination (IUI)
 - Clomiphene citrate + IUI
 - FSH + IUI
- In Vitro Fertilization (IVF)
 - "Standard" IVF
 - Egg donation + IVF
 - Egg Freezing + IVF

Intrauterine Insemination (IUI)

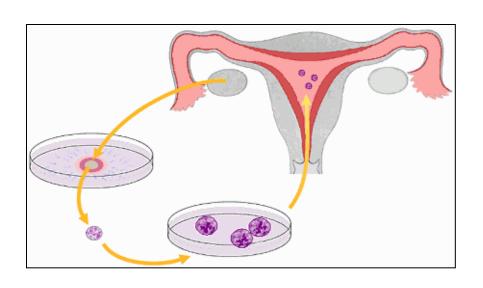




Goal is to Maximize the Chance of Fertilization

- Increase Number of Eggs
- Position Sperm Closer to Eggs

In Vitro Fertilization





Why In Vitro Fertilization?

- Infertility
- DNA Testing
 - Genetic Disorders
 - Gender Selection
- Lesbian-Gay Couples

Who should decide if a couple/person can have infertility treatment?

- a. state governments
- b. national fertility agencies (ASRM)
- c. reproductive specialists
- d. psychologists/psychiatrists
- e. the couple/person

Should a 52 year old postmenopausal woman be able to use her daughter's eggs to have a child with her new 28 year old husband?

a. Yes

b. No

Should a woman be able to have sperm extracted from her husband's newly dead body so that she can have "their child"?

a. Yes

b. No

In Vitro Fertilization - History

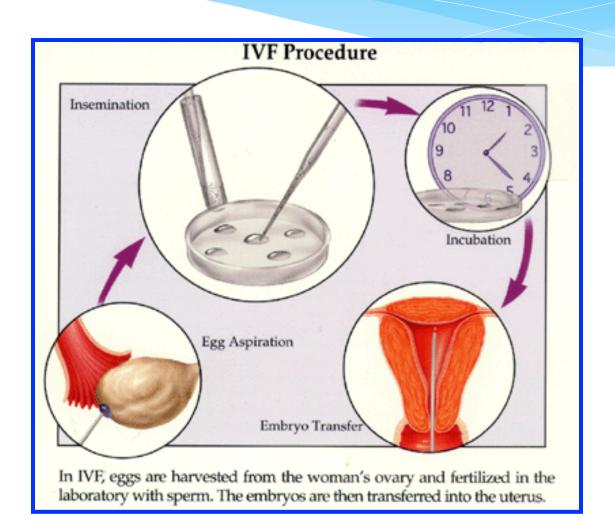
• 1978 – First "test tube" baby was born in England

• 1981 – IVF in U.S.

Started with GIFT and ZIFT

2008 - >98% IVF with transfer of embryo to uterus

In Vitro Fertilization (IVF)



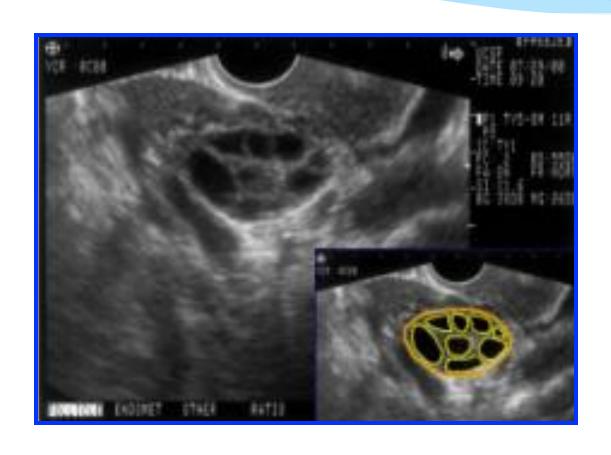
IVF Statistics-2011 (Latest Report)

- 475 U.S. clinics offer IVF (451 reporting data to CDC)
- 151,923 cycles of ART treatment
- 18,530 donor oocyte cycles
- 11,116 oocyte/embryo banking cycles

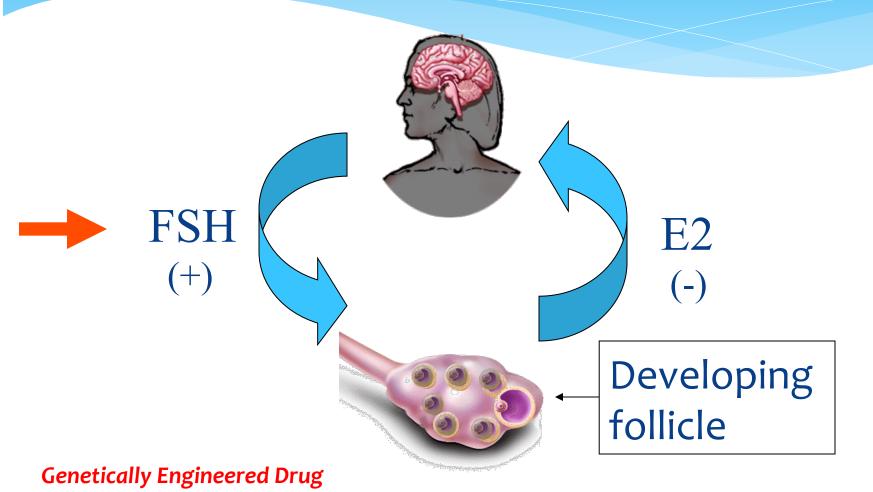
Who Needs IVF?

- Failed other treatments
- Tubal damage
- Significant male factor
- Absent uterus
- Carriers of genetic diseases
- Gender selection
- Fertility preservation/Cancer patients
- Lesbian-Gay Couples

Ovarian Hyperstimulation



How Does <u>Recombinant</u> FSH Work To Increase Egg Number?



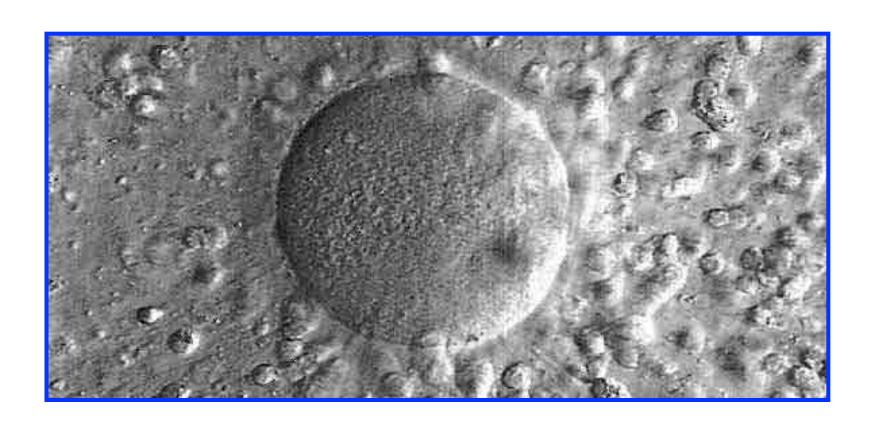
FSH=Follicle Stimulating Hormone

E2=Estradiol

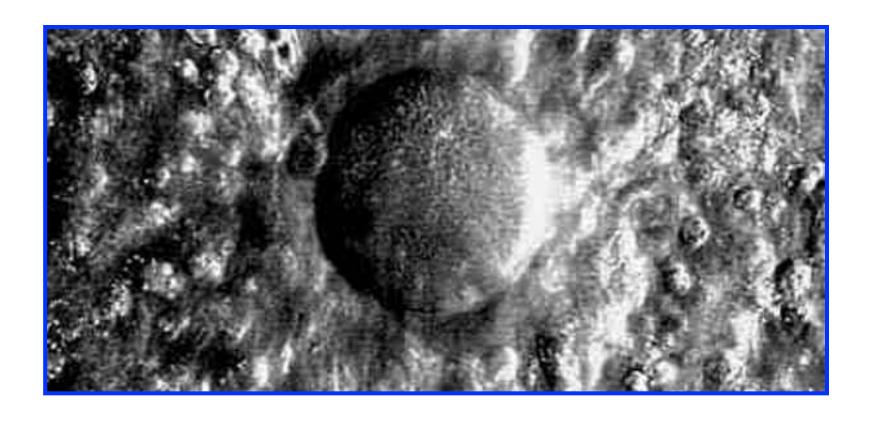
Egg Retrieval



Good Egg



Bad Egg



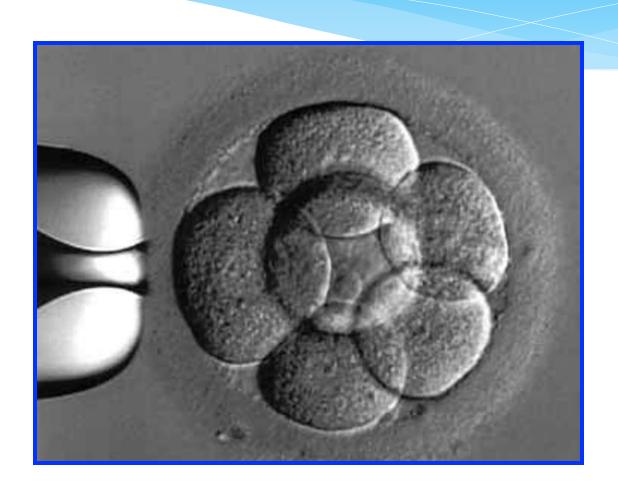
Fertilization



• 2 Pronuclei (2PN)

 1 day after egg retrieval

Day 3 Embryo



Day 3 Embryo



Blastocyst – Day 5

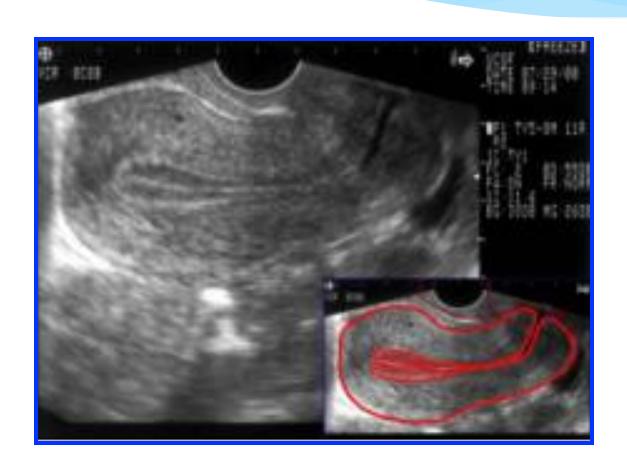


Source of Stem Cells - PGS biopsy stage

Hatching Blastocyst



Embryo Transfer



Special IVF Procedures

- Assisted hatching
- Intracytoplasmic sperm injection (ICSI)
- Preimplantation genetic diagnosis (PGD)
- Freezing
- Egg donation
- Surrogacy

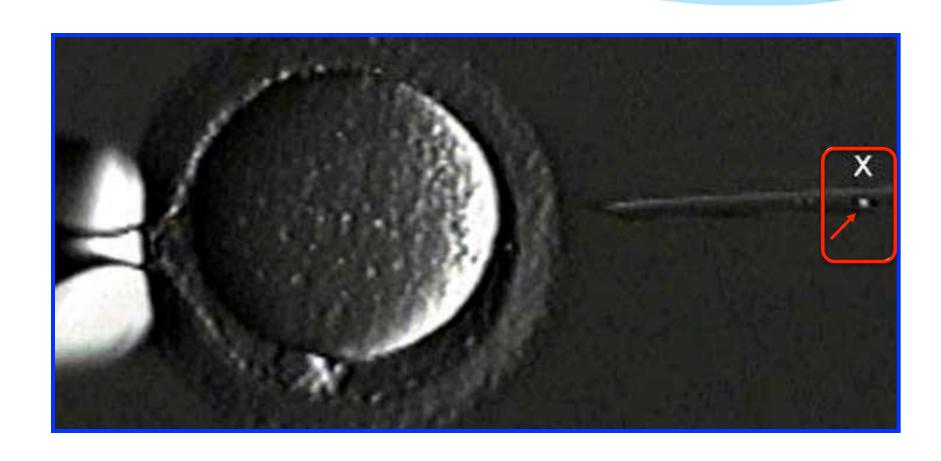
Assisted Hatching



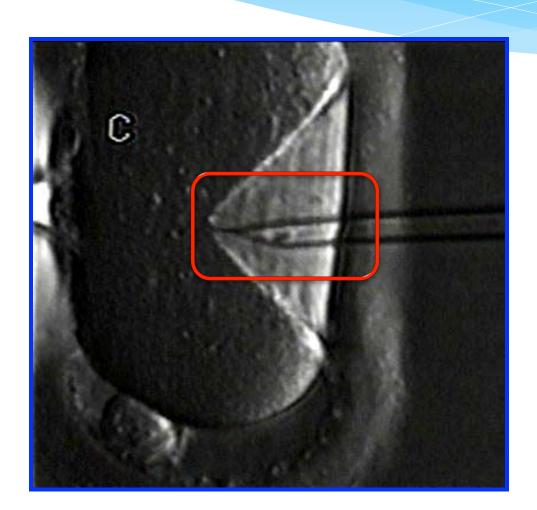
Empty Zona



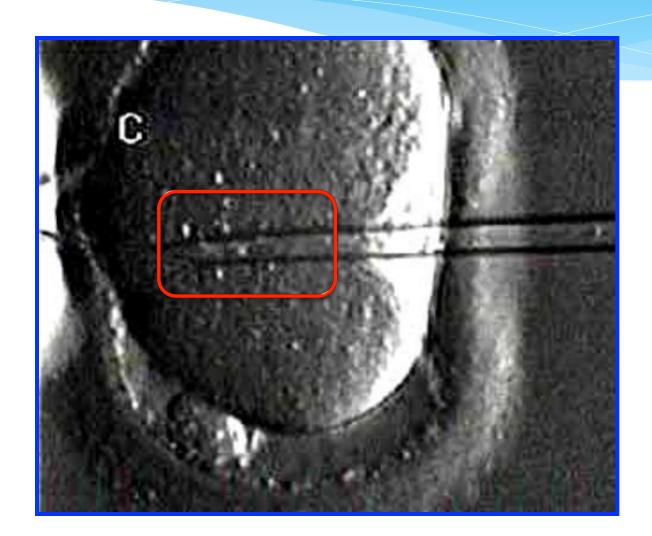
ICSI



ICSI



ICSI



What are the risks of IVF?

- a. bleeding requiring blood transfusion
- b. pelvic infection
- c. increased risk of congenital anomalies
- d. multiple pregnancies
- e. all of the above

Who should decide how many embryos are transferred?

- a. The Doctor
- b. The Couple/Person
- c. American Society of Reproductive Medicine
- d. Government
- e. Religious Leaders

How Many Embryos are Transferred?

Related to age and embryo quality

 For patients with 2 or more failed IVF cycles, or a poor prognosis, can add more based on clinical judgment

What Happens to the Other Embryos?

- Freeze Embryos
- Donate For Research/Stem Cells
- Embryo Adoption
- Discard

What Would You Do With Your Embryos?

- a. Freeze and Store Them
- b. Donate For Research (e.g., Stem Cells)
- c. Donate To Others For Adoption
- d. Discard

IVF Success Rates - 2011

- U.S. Fertility Centers From SART/CDC
- Female age

IVF Statistics - 2008

• 68% singletons (41,770)

• 32% twins (19,566)

2% triplets (1,229)

0.2% higher order multiples (123)

Singleton Pregnancy



Twin Pregnancy





Triplet Pregnancy



IVF and Multiple Pregnancy

- Maternal complications
- Fetal complications
- Cost
- "Selective reduction"
- Single embryo transfer vs. success rates
- Divorce

Cost of IVF

- IVF cycle + medications = \$10,000-15,000
- Assisted hatching = \$500
- ICSI = \$1,500
- Freezing = \$700
- Storage = \$600/year
- PGD = Minimum \$3,500
- Egg Donor = Minimum \$10,000
- Surrogate = Minimum \$35,000

Not Covered By Insurance In Most States!

Egg Donation



EXCEPTIONAL DONORS

Exceptional Donors, Inc. was founded to help couples struggling with the pain of infertility in the Portland, Oregon area and throughout the United States. Egg donation is a wonderful way for families to grow. And we can help. Allow us to assist you as you begin your journey toward becoming a parent.

We are always searching for exceptional donors. If you are between 19 and 32 years of age, healthy, intelligent, athletic, artistic, musically talented, attractive, or possess other exceptional qualities, you could be a candidate for our program.

We offer \$5,000 compensation for first-time donors, and more for subsequent donations.

Call 866.296.1015 or visit www.exceptionaldonors.com to learn more about becoming an exceptional egg donor.

Would you consider being an egg or sperm donor?

a. Yes

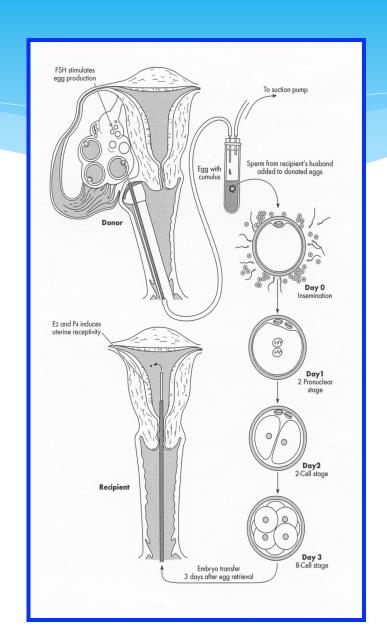
b. No

Egg donation

IVF for two

- Donor
 - Standard controlled ovarian hyperstimulation
 - Egg retrieval

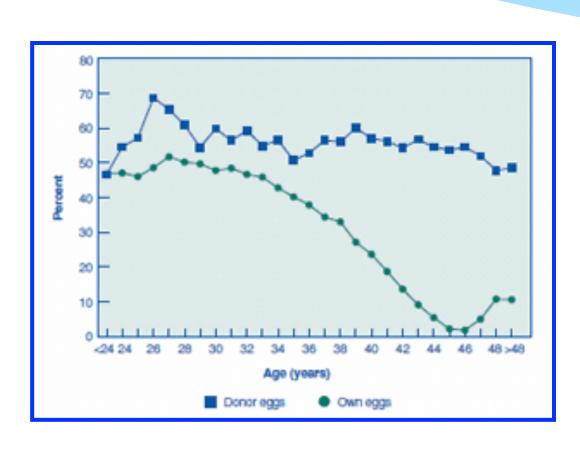
- Recipient
 - Embryo transfer



Who are candidates to be an egg donor?

- 21-30 years old (older if a friend or relative)
- FSH <10
- Negative donor
- Good health and genetic history
- Preferably prior egg donation experience
 - How many eggs were produced?
 - Did pregnancy result?

Current status of ART in the USA



Live birth rates
per transfer
for fresh embryos
from own and
donor eggs,
by age of recipient

Egg Donation - Ethical Issues

- Egg Donor
 - Known or anonymous
 - How many times to donate?

- Recipient
 - How old is too old?

Pregnancy in the Sixth Decade of Life

- USC experience: 1991-2000
 - 77 recipients of egg donation
 - Mean age 52.8 + 2.9 years
- Of the 77 women, 42 (54.5%) had live births
- 45 deliveries in 42 women

Pregnancy in the Sixth Decade of Life: Obstetric Complications

- Pre-eclampsia
 - **35**%
- Background Incidence
 - **3-10**%
- Gestational Diabetes
 - **20**%
- Background Incidence
 - **5**%

How old is too old?

Is 55 a "physiological limit" ?

Marked increase in pre-eclampsia

Increase in diabetes

How old is too old to carry a pregnancy?

- a. 44 (rare natural pregnancies occur later)
- b. 51 (average age of menopause in U.S.)
- c. 65 (social security/retirement)
- d. No limit

Genetic Testing



Preconception

Preimplantation

Prenatal

Postnatal



Preconception Counseling

- Offered to all women
 - Prenatal vitamins 400 micrograms folic acid/ day
 - Rubella immunity
 - Varicella immunity
 - Blood Type/Rh status
 - HIV
 - Hepatitis B and C screening
 - Genetic screening for over 100 mutations

Preconception Counseling

- Offered to certain ethnic groups
 - Mediterranean thalassemia
 - African-American sickle-cell anemia
 - Caucasian/Hispanic cystic fibrosis, SMA
 - Ashkenazi Jews 7 autosomal recessive disorders
 - Gaucher disease (1/13), Tay-Sachs (1/30), Familial dysautonomia (1/30), Canavan disease (1/40), Fanconi anemia (1/89), Niemann-Pick disease (1/90), Bloom syndrome (1/100)

The Universal Genetic Test



January 29, 2010 New York Times

Firm Brings Gene Tests to Masses

By ANDREW POLLACK

REDWOOD CITY, Calif. — The new movie "Extraordinary Measures" is based on the true story of a father who starts a company to develop a treatment for the rare genetic disease threatening to kill two of his children before they turn 10.

Now, a Silicon Valley start-up is making the bold claim that it can help eradicate that disease and more than 100 others by alerting parents-to-be who have the carrier genes.

The company, Counsyl, is selling a test that it says can tell couples whether they are at risk of having children with a range of inherited diseases, including cystic fibrosis, Tay-Sachs, spinal muscular atrophy, sickle cell disease and Pompe disease (the one afflicting the children in the movie).

Once informed, Counsyl says, couples can take steps like using in vitro fertilization with genetic testing of the embryos, to avoid bearing children who would have the diseases, many of which are incurable and fatal in childhood.

Some genetic testing of prospective parents is done now, but only for a few diseases like cystic fibrosis and Tay-Sachs, and only for certain ethnic groups. Each test can cost hundreds or even thousands of dollars.

Counsyl's test, which analyzes DNA from saliva samples costs \$349 for an individual or \$698 for a couple. Similar tests from others are on the way, experts say. The trend shows that new technology could make possible widespread screening for the risk of passing on rare diseases, something that was simply not practical before.

Prenatal Testing

Ultrasounds

Serum screens

Chorionic villus sampling (CVS)

Amniocentesis

Prenatal Tests - Ultrasound

Nuchal translucency screening

Performed between 10-13 weeks gestation

Screen for Down Syndrome

Nuchal Translucency





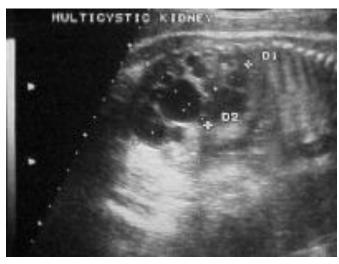


Prenatal Tests - Ultrasound

- Second trimester ultrasound
 - Detailed exam
 - Down Syndrome, other trisomies
 - Cardiac, renal, spinal, limb, brain deformities
 - Cleft lip/palate

Ultrasound Abnormalities







Echogenic bowerls

Ultrasound Abnormalities





First Trimester Chromosome Screening

- MaterniT21 Test
- Non-invasive (blood test)
- Detection of fetal cells in maternal blood
- 10 weeks
- Chromosomes 21, 18, 13
- "PLUS": 22, 16, 22q, 15q, 11q, 8q, 5p, 4p
- Will ultimately replace invasive tests

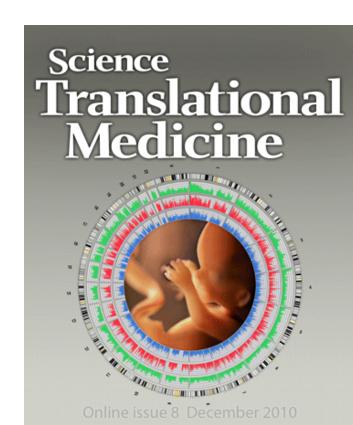
PRENATAL DIAGNOSIS

Maternal Plasma DNA Sequencing Reveals the Genome-Wide Genetic and Mutational Profile of the Fetus Science Translational Medicine, December 8, 2010 (61,1-12)

Sequencing DNA From the Blood of a Pregnant Woman Allows the Complete Genome Of the Fetus to Be Decoded!

~10% of DNA in Maternal Plasma is From the Fetus

A New Era in DNA Testing!!



Prenatal Tests - Serum

- 15-20 weeks gestation
- Quad Screen
 - Tests for AFP, hCG, uE3 and inhibin A
 - Neural tube defects, Down syndrome,
 Trisomy 18, Abdominal wall defects
 - Readjusts age-related risks

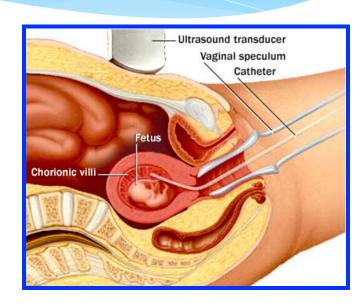
Prenatal Tests

- Who is offered further testing?
 - Advanced maternal age
 - Previous child or pregnancy with birth defect
 - Suggestive screening test results
 - Family history
 - Positive parental genetic screening

Prenatal Tests – CVS

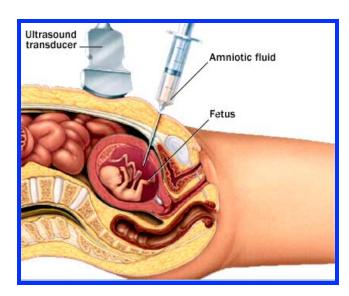
Chorionic Villus Sampling

- 11-13 weeks gestation
- Catheter/needle biopsy of placental cells
- Performed through cervix or abdomen
- Can test for chromosome and gene defects
- 1-2% miscarriage rate
- Digit/limb deficiencies (10 weeks)



Prenatal Tests - Amniocentesis

- Performed at 15-18 weeks gestation
- 10 cc amniotic fluid
- Living cells from fetus in amniotic fluid
- Cells grown in lab for 1-2 weeks
- Results in 3 weeks
- Chromosome and gene defects

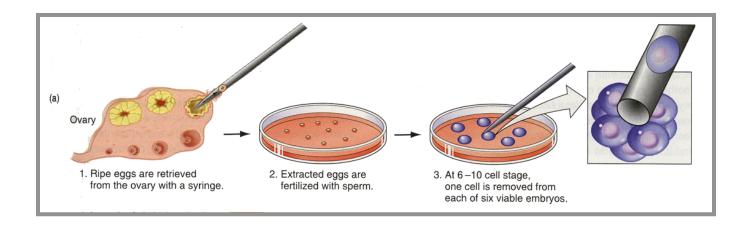


Postnatal Testing

- Most done during first day of life
- Heel stick
- California (mandatory)
 - Galactosemia
 - Hypothyroidism (congenital)
 - Phenylketonuria (PKU)
 - Sickle Cell Disease (SCD) and Hemoglobinopathies
 - + 70 Others as of January, 2012

Preimplantation Genetic Screening (PGS)

- Can test embryos for genetic abnormalities prior to implantation
- Uses single cell (blastomere) at day 3 stage or trophectoderm at day 5 stage



Which Embryo is Disease-Free?



PGS – Clinical Indications

- Single gene defects
- Balanced translocations
- Advanced maternal age (aneuploidy)
- Repetitive IVF failure
- Recurrent pregnancy loss
- Gender selection

- Aneuploidy screening
 - Comparative Genomic Hybridization (CGH)
 - Micro-array technology comparing DNA in embryo sample to known normal control using thousands of genetic markers

- Single Gene Disorders
 - Genetic report documenting specific gene mutation
 - Cheek swabs from key family members
 - Design molecular DNA test in 4 weeks
 - Uses gene chip microarray analysis

Genetic Disorders Assayed by PGS & Gene Chips

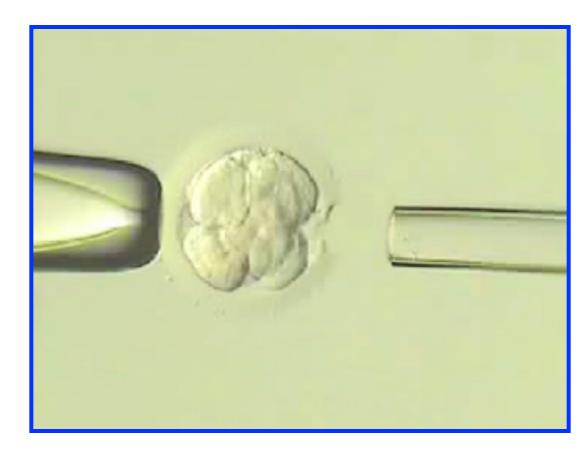
- Achondroplasia
- •ADPKD1
- ADPKD2
- Adrenoleukodystroph
- Age-related aneuploidies
- •Alpha-thalassemia
- •Alpha-1-antitrypsin
- Alport disease
- •Amyloid precursor protein (APP)
- mutation ARPKD
- Becker muscular dystrophy
- •Beta-thalassemia
- Charcot Marie Tooth disease
- Chromosomal translocations
- •Congenital adrenal hyperplasia
- Cystic fibrosis
- Down syndrome
- Duchenne muscular dystophy
- Dystonia
- Epidermolysis bullosa
- Familial dysautonomia
- •Fanconi anemia
- •FAP
- •Fragile X syndrome
- Gaucher disease
- •Hemophilia A and B
- HLA genotyping
- HSNF5 mutation

- Huntington disease
- Hypophosphatasia
- •Incontinentia pigmenti
- Kell disease
- Klinefelter syndrome
- •LCHAD
- Lesch Nyhan syndrome
- Marfan syndrome
- Multiple epiphysial dysplasia
- Myotonic dystophy
- Myotubular myopathy
- •NF1 and NF2
- Norrie disease
- Osteogenesis imperfecta
- OTC deficiency
- •P53 mutations
- •PKU
- •Retinitis pigmentosa
- •SCA6
- Sickle cell anemia
- Sonic hedgehog mutations
- Spinal muscular atrophy (SMA)
- •Tay-Sachs disease
- Tuberous sclerosis
- Turner syndrome
- •Von Hippel Lindau
- •X-linked hydrocephaly
- •X-linked hyper IgM syndrome

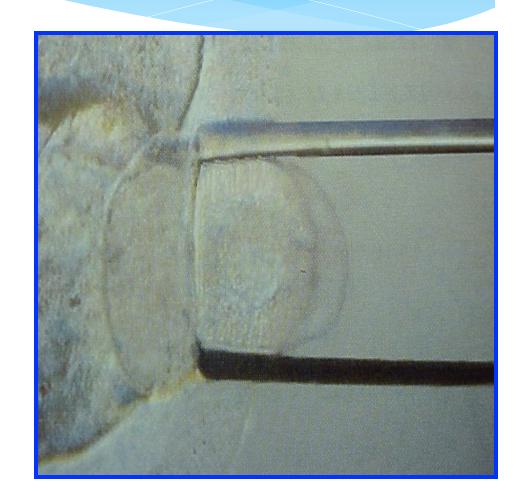
PGS for Single Gene Disorders -Advantages

- Safer than elective termination
- More psychologically acceptable for couples
- Provides couples with another option
 - Adoption
 - Sterilization
 - Donor gametes

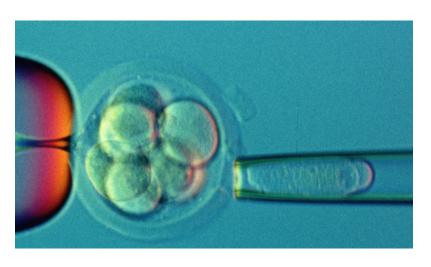
Pre-implantation genetic screening (PGS) has been successfully used in diagnosing and preventing inherited genetic diseases like Cystic Fibrosis, Tay Sachs, Thalassemia, Sickle Cell Anemia and may be potentially used to screen for cancer mutations.



After a cycle of invitro fertilization, biopsy of a single cell can be performed from an 8 cell embryo obtained after 3 days of culture in the laboratory.

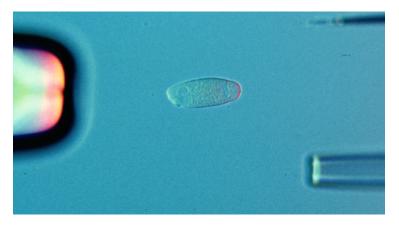


PGS – Timing of Biopsy



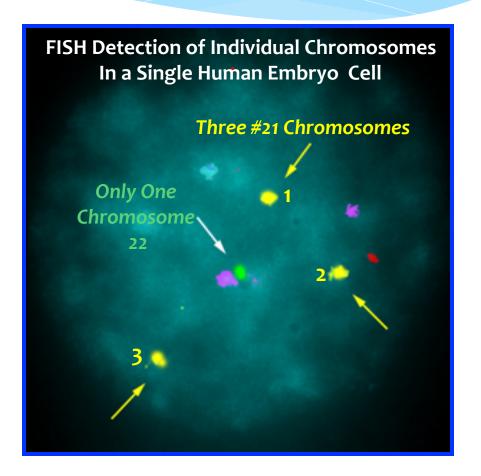






Trophectoderm tissue at day 5 (blastocyst) stage

The genetic material of this single cell can be amplified by PCR and a chromosomal mutation or an aneuploidy (gain or loss of a chromosome) can be identified in the embryo that underwent a biopsy.



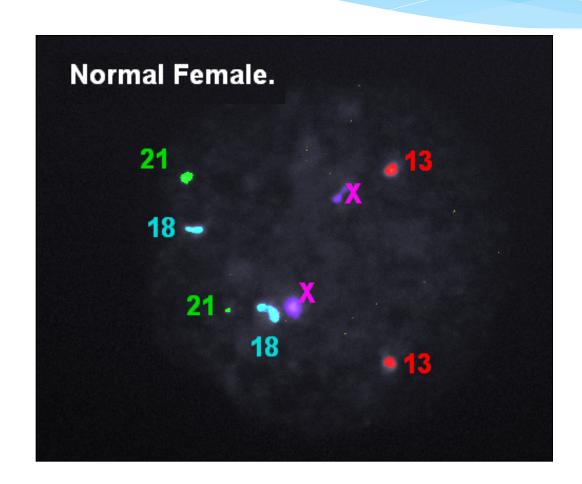
• The embryos would continue to grow for 1-2 more days in the laboratory, awaiting genetic analysis, and confirmation of which embryos were unaffected with the mutation or aneuploidy.



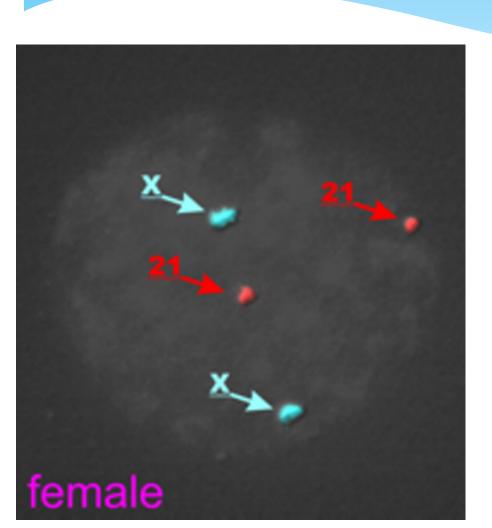
 The unaffected embryos are then transferred to the uterus at the blastocyst stage on day 5 or 6 of embryo culture and subsequently a child would be born unaffected from the screened genetic disease.



Five Chromosome PGS



PGS – Female Embryo

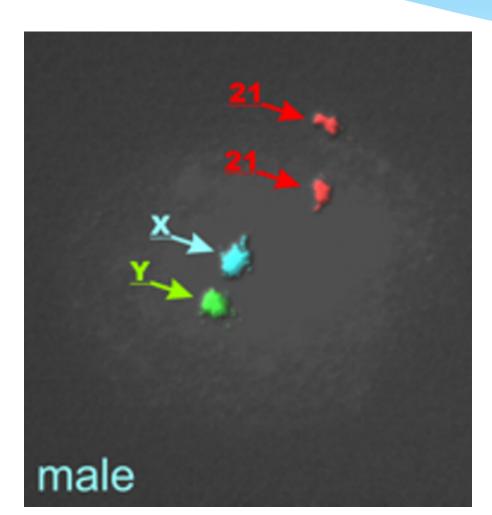


 Uses fluorescence insitu hybridization (FISH) technique to identify XX

Sex-linked diseases

"Family balancing"

PGS – Male Embryo



 Uses FISH to identify XY embryo If you had one or more children of the same sex, would you like to be able to choose the gender of your next child?

a. Yes

b. No

Who Would Benefit From PGS?

Couples with a history of --

- Abnormal numbers of chromosomes
- Single gene disorders
- Balanced translocations

Couples who --

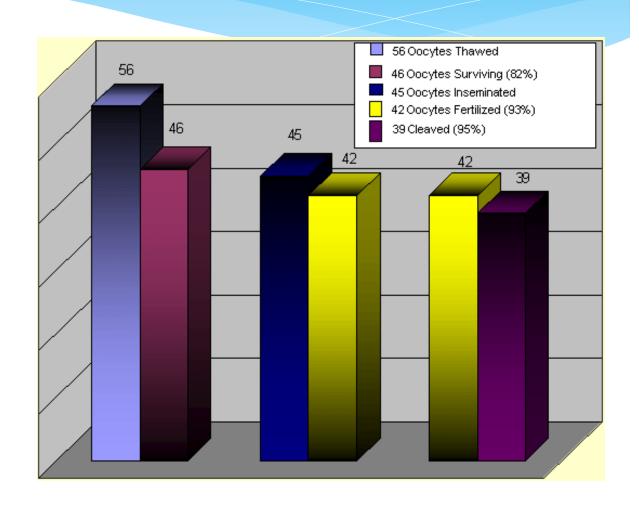
Desire an offspring of a certain sex



Egg Banking Now Available to Preserve Your Fertility







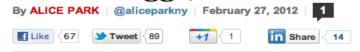
The Future

- Mitochondrial replacement Therapy (MRT)
 - Three parent IVF
- "Designer babies"
- Making gametes from stem cells
- Gene Therapy correcting genetic disorders

The Future

STEM CELLS

Ovary Stem Cells Can Produce New Human Eggs, Scientists Say



Nature Medicine March, 2012



M I WALKER / GETTY IMAGES

Are women born with all the eggs they'll ever have? Harvard scientists say possibly not. Their discovery of stem cells in human ovaries could someday help infertile women produce new eggs.

Specific Cases

Gender Selection for family balancing

Huntington's disease

Octo-mom

Implantation of the wrong embryo

Thank you

